

Ah, Mount Shasta!

Immerse yourself here - Leave transformed - Be with those who call the mountain their home

JULY 21-22, 2018
MOUNT SHASTA RESORT

THE BEST OF MT SHASTA CONFERENCE & FESTIVAL

Welcome to The Best of Mt Shasta

An Annual Summer Event with Conference Workshops, Evening Events and an Outdoor Festival with Music, Vendors, Performances, Wellness Activities and Celebration.

Discover Your Self Here !

Have we a treat for you this year !

This year George Noory, of Coast To Coast AM Radio, and his Producer Tom Danheiser will be with us! It's going to make for an over the top awesome, one of a kind event!

George Noory is an extraordinary interviewer, exploring a far range of topics to understand the great mysteries of our time. His radio show, Coast to Coast AM, airs on more than 600 stations in the U.S., as well as Canada, Mexico and Guam, and is heard by nearly three million weekly listeners. It is the most listened to overnight radio program in North America.

SATURDAY - JULY 21

9:00 am - Opening Ceremony with **Walking Eagle (Jack Thom Sr)**

Walking Eagle Jack Thom Sr. is a Karuk Sweat Lodge and Ceremonial Leader. He runs the Spirit of the Wind sweat lodge in Siskiyou County. He leads vision quests and other spiritual ceremonies.

Earth Circle Drum

Earth Circle Drum is an inter-tribal/ multi-cultural Native Drumming group. ECD sings and drum on a big powwow style drum. They play traditional songs from the west coast, specifically Mt. Shasta area-Northern California and Southern Oregon.

Vendors and Music

10:30 am - Wander around the beautiful designated area for our Outdoor Activities at the Mount Shasta Resort, with a fabulous view of the mountain. Enjoy music at the stage, throughout the day. Get to know the vendors personally; engage in conversation and see what they have to offer you.

Meet & Greet

1:00 pm to 3:00 pm - Producer Tom Danheiser will introduce George Noory who will speak for 15-30 minutes, followed by a question and answer session, where you get to ask your questions! Then you have an opportunity to shake hands, take pictures, and say "hi" up close and personal with George and Tom.

The afternoon outdoor event is FREE & OPEN TO THE PUBLIC. It will be out on the vast grass field at the resort. Bring your blankets and chairs and enjoy the sunny weather with a fabulous view of the mountain. Because of the grass, the resort has a strict policy: no dogs, no coolers, no outdoor alcohol or drugs. Tickets are available for the VIP section with chairs.

Special Evening Banquet

6:00 pm to 9/10 pm - Held in the Siskiyou Room, Producer Tom will give away items donated by the Mt Shasta area people, and then introduce George, who will MC the banquet. The banquet will include six locals who will speak for a short time on their areas of expertise, related to the phenomenon of Mt Shasta, followed by discussions with George.

SUNDAY - JULY 22

Meet those who call the Mountain their home!

Workshops and Evening Events representing specific themes: Native Healing, Self Discovery, Health & Wellness, and Our Environment. The Presenters will also have vendor booths Saturday and Sunday so you can get to know them personally.

The workshops, one hour each, are held outdoors in two tents. Indoors at the Siskiyou Room panel workshops will take place during the morning hours. The afternoon will be devoted to the Elders of Mt Shasta, those over 70 years, who have deepened their knowledge and experience by virtue of living many years in the Mt Shasta area.

Workshop times forthcoming, as well as additional Presenters being added

NATIVE HEALING

Miguel Mesa

As a Sacred Sound Healing practitioner, Miguel will introduce a wide range of pre-Colombian, ethnic and modern sound healing instruments. Using effective techniques and a simple approach, he will provide Deep Relaxation and Structural Alignment. Miguel is a practitioner of Mystical Healing Traditions of the Andes, Native American ceremony, Lakota Sundance and Sweat Lodge.

Jack Falls-Rock

Jack, a full blooded Ajumawi Native, raised on tribal land in the Mt. Shasta area by his elders. Involved with Native Culture his entire life, he will share this in an outdoor ceremony

Ted Dawson

Whole Herbs For Whole Health

My grandmother is Nor Rel Muk Wintu. She has taught me about herbs and plants since I was a child. I will teach you about the herbs you can find around you and how you can use them for many healing purposes. The walk will start outdoors at Ted's Wintu Bark House in front of his vendor booth.

Carla Charraga

Abuelita's Teaching, Mexican Indigenous Healing Journey

Come learn about walking in close relation with nature and learning about indigenous ways. This will be a close and intimate gathering that is open to all people and levels of experience. If you have had any questions about native ways this is a good and safe space to ask. This workshop will be interactive and Carla will share some of the knowledge she learned from her grandmother (abuela) about healing trauma and other energy blocks. She will also share songs and information about the energy that flows and is present through all things in life, learning how to tap into it to create a healing journey for ourselves and others.

Walking Backwards (Frank Thom) and Ron Griffman

Singing and Drumming Outdoors. Walking Backwards (Frank Thom) is a Medicine Ways Karuk Elder Teacher and Karuk Language Teacher. Ron Griffman is a Spiritual Karuk Young Teacher and travels around to ceremonies giving his teachings freely.

SELF DISCOVERY

Bennett Gale

Sacred Inner Theatre - "The Art of Not Knowing"

All of us are experiencing a multitude of life/lives time experiences all in this NOW. "Not Knowing" is about moving into conscious co-creation with Divinity and coalescing all of your life streams into conscious mastery in this life. The paradox here is that your true greatness comes as a transition from ego-centrism to a service-centric reality. In this presentation Bennett will be offering techniques and 'coded guideposts' to assist and further your transition from the current global 'limited' paradigm to interacting consciously and co-creating with the quantum field of limitless experience and potential.

Son'Yah (Alisha Kaiser)

"Living Light Language" Birthing Miracles to Transform Your Life and World

Mother Earth and humanity are in the last leg of a Global Ascension Manifestation. The time to realize and fulfill your Soul's purpose and mission is NOW!

Utilizing your Soul powers of creation, a “Living Light Language” offers a full vocabulary of sounds and symbols crafted to embody primordial energy. When seeded into language, the Christ Codes produce powerful manifestations through your intention. Every word and image manifests through the power of the Electron, an “Ark of the Covenant” vehicle. Accordingly, it is necessary to unearth your root belief systems, to see if they are instruments of creation or destruction, within the quantum fabric of physical reality.

Deborah Cardenas & Saranam

Energy Clearing Protocol

Deborah and Saranam will teach a paradigm-shifting, simple but powerful process of energy clearing and management they call the Energy Clearing Protocol (ECP) that enables a person to shift from a c0-dependent energy dynamic into a sovereign state of being. This includes a short protocol that gives each person a practical self-empowering application in his or her daily life. There will be an introduction to working with the energy field including grounding, clearing and expansion. Saranam and Deborah will demonstrate and teach in an interactive and collaborative process. They will also delve into more complex energy issues including entities, cords, patterns from past lives and childhood experiences, energy parasites, etheric devices or implants, and more challenging issues. The Energy Clearing Protocol will help participants take charge of their own energy field and strengthen and anchor their core channel

Denise Williams & Peter Osterhaus

Sukyo Mahikari, Spiritual Development

Methods for transforming ourselves and returning the earth to its original, pristine state. The “Art of True Light” is an ancient art of purification and rejuvenation that emits a positive spiritual energy. “Universal Principles”, are daily practices that can promote greater love and harmony in our homes, workplaces and communities, Taken together they generate a productive power greater than ourselves for healing each other and the planet.

Ophelia

Finding Your Power: Reflection Of Story

Do you see yourself as others see you? How would you describe the nature of self through the story? Storytelling is age old and the bedrock of the history of all people and lands. Yet with each story the history being revealed is through the eyes of the storyteller, and in most cases it is a one sided view. Who we are is revealed in our story and in our energy and are they the same thing! What can we learn from both! Through the reflection of a small part of my journey I will share ways for you to see your reflection more clearly.

HEALTH, WELLNESS & OUR ENVIRONMENT

Sandy Patterson

How To Make A Natural First Aid Kit

You will learn to recognize the herbs growing wild in nature, which ones are edible, and which ones can save your life. You will develop your personalized home natural first aid kit to take with you on a hike or when traveling. You will learn what herbs have historically been used to stop a Heart Attack, Bleeding internal or external, Anxiety, Bee Stings, Headaches, Burns, Indigestion, Acid Reflex, Diarrhea, or Constipation, Allergies, Infections, Sprains, Fever or Flu. You will also see how to Make a Healing Poultice and a Wild Craft Salad from the forest that is delicious and nourishing.

Matisay Shandah (John Effland)

Vibrational Vitality

Vibrational Vitality is a result of the proper functioning of the subtle energetic system which supports and supplies all levels of our being. As human beings, we have many dimensions of being through which we express and experience our lives. Our subtle energetic system is what keeps all of these aspects fully functioning. Taken as a whole, this subtle energetic system is often referred to as our luminous energy field, or light body. This short workshop will be focused on one thing: 1) Sharing short, simple, practical, “Easy Button” methods to align, balance, harmonize, activate and directly experience the miraculous fountain of life inherent within us.

THE ELDERS OF MT SHASTA

More will be joining us

Beverly Ann Wilson

Crystal Singing Bowls: Living the Vibrational Integration

Vibrational frequencies will facilitate our participation with the new Earth Energies we are experiencing in this Now. Beginning with an experience of "This Is Your Now", the singing bowls will orchestrate with your 'cellular knowing' and 'mind understanding' the difference between "Doing" and "Being", and how "Being" can easily be integrated into each moment's celebration of You and Your Now. "Earth Star Communication" embodies the living manifestation that all we have to do is be the best we can be, trusting that each moment is giving us everything we need and everything we'll be. "The Beta Alignment" vibrationally sets this impulse energetically into our cellular knowing.

Della Clark

Remembering Sacred Sound: Chant & Drum Journeys Into Non-Ordinary Reality

Utilizing sound vibration in the form of harmonic toning, Della will share techniques to open your chakras, clear your chattering mind, and allow your body to become a sacred instrument, a portal of sacred space. The group sound created will open, awaken, every cell in the physical form. An opportunity to experience oneness with all that is and connect profoundly with your spiritual teachers whether in animal, angelic, or humanoid form.

Josiane Antonette

Contemporary Corsican Shaman/Medium

Specializing in Interdimensional Communication, Founder of The Bernadette Foundation and Author of "Whispers of the Soul" and "Matters of Spirit". Josianne will provide Spiritual Consultation, After Life Communication and Healing. Awaken your unique gifts of Spirit, Learn to communicate with higher realms of consciousness, Meet your earthly and celestial allies, Ascend into your body of light, Become a bridge between heaven and earth

Joanna Cherry

Earth Service with the Diamond Light Flame

A prayer and meditation that includes Mother Gaia of great heart Yourself, Helios and Vesta representatives, planetary beings of Saturn, Neptune and Venus, overlighting Nature beings, shamanesses and shamans, lightworkers, angels and archangels, goddesses and gods, the Ashtar Command and Galactic Federation, Telosian and underground city masters including Adama, star-system helpers of Sirius, the Pleiades, Andromeda, Arcturus and others (thank you for coming so far!), masters and ascended masters, I Am Presences, dolphins and whales, and any others.

Andrée Morgana

Explore Our Universe and Beyond to Know Your Story

Learn how to expand your awareness beyond the size of our earth, our galaxy and our universe. Once outside the universe you will learn how to merge with Original Source, the Absolute, God, the Creator; your Original Experience. From there to remember how it was you first came forth as a Presence and when you first entered our universe, galaxy and earth. This profound and deep meditation opens the door to begin to explore your reality throughout the eternity of time; to better understand who you are, and how you are connected to all of life everywhere.



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The Best of Mt Shasta is put on by Hayehwatha Institute, a nonprofit organization located in Mt Shasta California